

VASTAROL

60 Capsules



Active Ingredients

Omega 3 (EPA/DHA) e Vitamin E

Omega 3 (EPA/DHA): essential fatty acids, which are not produced by our body; therefore, it must receive them from the food or from nutritional supplements. Omega 3 Fatty Acids found in sea-fish include Eicosapentaenoic Acid (EPA), and Docosahexaenoic Acid (DHA). These fatty acids are necessary for the optimal functioning of the all the cells in our body; it is a fundamental component also of brain membranes and it is relevant for kid brain development. A deficiency in Omega 3 Fatty Acids is very typical of Western nutrition, and leads to numerous diseases, defined as diseases of the Western world. Among these diseases are heart disease, inflammatory diseases, Cerebral-Vascular Accident (stroke), and Adult Diabetes.

Vitamin E : is one of the most powerful antioxidants, which boosts immunity and slows the aging of cells, protecting their membranes and thus prevent them from being attacked by toxic waste. Vitamin E is fundamental for the production of energy by increasing the muscle power, physical strength and resistance to fatigue. Other studies have highlighted its action on the brain tissue, with improved mental clarity, concentration and memory. Vitamin E is also a powerful anti – atherosclerosis, due to its great vasodilator action. It is also an effective anti-diabetes action and, in high doses, anti-cancer. Vitamin E is useful during laziness, fatigue, sleepiness and focusing difficulties.

Indications

Dietary supplement usefull in all cases of reduced dietary intake or increased need

Directions for use

From 1 to 3 capsulless per day or depending on the doctor's advice

Registration Number

IT-85039